

# Take Charge of Your Care

You are the center of your healthcare team. Let this special guide help you get the best results from your hospital stay.

## You're in charge.



You are the center of your healthcare team. Know what's happening every step of the way.

## Always double-check.



Pay attention and make sure you are getting the right treatments and medicines from the right hospital staff.

### Know your medicines.

Understand what they treat, why you need them and how to take them for the best results.

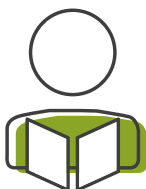


### Speak up.

Ask questions and voice concerns. It's your body and you have the right to know.

### Educate yourself.

Learn about your medical condition, tests and treatment options.



### Find a support person.

Pick someone to help speak up for your care and needs during your stay.



## Check before you go.

Make an informed decision when selecting additional healthcare services. Choose only accredited providers who meet patient safety and quality standards. Go to [www.qualitycheck.org](http://www.qualitycheck.org) to learn more.

